



Introduction to self-managing or self-organising systems, useful resources

The book *Reinventing Organisations* by Frederic Laloux inspired the modern movement towards this way of working. Download the e-book, audio book or illustrated version on the website here.

<http://www.reinventingorganizations.com/>

The original version provides a lot of examples and useful in-depth discussion. The illustrated version provides a very accessible version. The format allows the reader to dip and out, making use of a 5 or 10-minute slot to explore an aspect of this approach. Busy health and care staff have found this particularly helpful.

This is a 7 minute video clip of Frederic Laloux speaking at the RSA. It goes nicely with a cup of coffee and works well viewed in a group with a chance to discuss and explore afterwards.

<https://www.youtube.com/watch?v=GxGGkrtKZaA&t=137s>

Buurtzorg is the most well-known health and care example of services being organised as self-managing teams. This is a 9 minute video of Jos De Blok speaking at the RSA. Staff in the UK are often struck by the similarities of the challenges they face.

<https://www.youtube.com/watch?v=BeOrNjwHw58>

An international community of collaborators who are working to transform work and reinvent organisations can be found here <http://www.enliveningedge.org/>. It has a regular magazine and connects people through on-line conversations and Facebook groups. The Health section of this community can be found here <https://www.enliveningedge.org/tag/health/>

A community of practice to support those working in health and social care to develop new or transition existing services to this way of working operates as part of the Health Foundations Q community. If you would like to join this group please contact Matthew.Mezey@health.org.uk or Jane.Pightling@gmail.com

www.evolutionaryconnections.co.uk